

Reduce – Reuse – Recycle Session Plan (1)

https://youtu.be/OasbYWF4_S8

Introduction

Big Question –

- *What are the 3 Rs?*
- *What does Reuse mean?*

Activity

What does “reuse” mean in terms of the 3 R’s?

“things that are not wasted but used again for the same purpose”

Tutor - Explain that in general, we can reuse many everyday items instead of throwing them away after one single use.

Tutor – ask players to discuss and share their ideas on what they can reuse (clothing, plastic bottles, containers ect)

Tutor Input - This session is focussing on how we can reuse many products/items instead of turning them into waste after one use. This session we are looking at reusing **CLOTHING**.

Tutor – How can we reuse **CLOTHING**?

Group Discussion – flip chart task

Players discuss and record some examples (can complete as pictures/storyboard) if easier than writing linked to how they can reuse **CLOTHING**. Ideas include:

- Handling smaller rugby kits to younger players
- Donate to family/friends
- Clothes swap/sell (vinted etc)
- Donating to charity shops
- Upcycling to different an outfit/cushion/chair cover etc
- Reuse a shoe campaign – trainers made into playground flooring

Tutor - *players could be challenged to highlighted what the impact of not sending clothing to landfill. (i.e saving money, lower greenhouse gases, lower energy wastage, save landfill space etc)

Plenary

Players discuss on their tables what they now know about the 3 R’s and why and how they reuse everyday items to benefits their local environment

Players highlight 3 specific points they have learnt and will “take home” to share with their family

