### THIS IS OUR GAME DYMA RYGBI CYMREIG.

### Reduce - Reuse - Recycle Session Plan (3)

https://youtu.be/OasbYWF4\_S8

#### Introduction

Big Question -

- What are the 3 Rs?
- What does Reuse mean?

# **Activity**

What does "reuse" mean in terms of the 3 R's?

"things that are not wasted but used again for the same purpose"

**Tutor** - Explain that in general, we can reuse many everyday items instead of throwing them away after one single use.

**Tutor** – ask players to <u>discuss and share</u> their ideas on what they can reuse (clothing, plastic bottles, containers etc)

**Tutor Input** - This session is focussing on how we can reuse many products/items instead of turning them into waste after one use. This session we are looking at reusing items.

Tutor – How can we reuse everyday items

#### Group Discussion – flip chart task

Players <u>discuss</u> and <u>record</u> some examples (can complete as pictures/storyboard) if easier than writing linked to how they can reuse **any everyday item instead of it going to landfill.** Ideas include:

or

#### Group Match Up Task

Players are given an item and think of as many ways as possible it can be reused and not sent to landfill; Ideas include:

- Baked bean tin pencil storage/plant pot/musical instrument
- Take away container packed lunch containers, storage,
- Rugby jersey donated to smaller player, cushion
- Chip try paint pot
- Cardboard box den, loft storage
- Rugby boots donated,

**Tutor** - \*players can explain what the benefits of reusing items/materials and not sending it to landfill (prevents pollution, reduces greenhouse gases, lower landfill space, lowers toxins, lowers micro plastics entering water networks etc)

## **Plenary**





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Players <u>discuss on their tables</u> what they now know about the 3 R's and why and how they reuse everyday items to benefits their local environment

Players <u>highlight 3 specific points</u> they have learnt and will "take home" to share with their family.



