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|  |  | **Rugby Leaders 2** |  |  |
| **Time** | **Detail** | **Activity Type & Assessment** | **Responsible** | **Resources** |
| 45 mins | **Module 1**  Whole Coach Refresher  Module outcomes  Opportunity to plan for the sessions running below. | Theory presentation  No Assessment | HUB Officer or PE Staff | Laptop, projector, room layout, poster/rollers, flipcharts, marker pens, resources packs & workbooks |
| 30 mins | Practical Delivery – Good practice come and watch Hub officer deliver a session | Practical | HO | Rugby Equipment |
| 3x15mins | Planned sessions of below 15mins on each  Catch/Pass  Decision Making  Construction of games | Each topic must be delivered and assessed | candidate supervised by HO and signed off against competencies | Workbooks |
| 45 mins  15 min | **Module 2**  Coaching Behaviours  Let us Play, Half a game, Pass it on.  Nutrition & Well being  Candidates deliver one of the following - Nutrition, Well Being, Hydration | Classroom  Candidates assessed on presentation skills. | HO  Candidate supervised by HO and signed off against competencies | Laptop, projector & workbooks  Laptop, projector & workbooks |
| 90 mins  30min | **Module 3**  Scrum Ready/Crouch, Bind, Set  Watch Videos Plan and deliver Profiling & The Scrum Assembly & the binding on a 5 man scrum | Classroom  Pitch or Sports hall. | HO  Candidate supervised by HO and signed off against competencies | Laptop, projector & workbooks  Rugby Equipment |
| 50 mins | **Module 4**  Introduction to contact Watch videos  Present back key factors of  The Tackle, Regain Feet, The Turnover  Plan & Deliver a session on the tackle & create a game. | Classroom  Candidate assessment | HO  Candidate supervised by HO and signed off against competencies | Laptop, projector & workbooks  Rugby Equipment |
| 6 Hours | Module 5  Officiating  Half day Education Refereeing Course | pitch, sports hall and classroom | Refs Dept if possible or Ref Educator or Hub officers if they can be trained up | Rugby Equipment  Laptop, projector & workbooks |
| 10 Hours | Module 6  Volunteering  Each Candidate to complete 10hrs of logged sessions coaching and 5 fixture refereeing | Pitch or Sports Hall | Candidate supervised by HO or PE Staff | Rugby Equipment  Laptop, projector & workbooks |