



MEDICAL FACILITIES AND EQUIPMENT GUIDE

THIS IS OUR GAME, THIS IS WELSH RUGBY

DYMA'N GÊM NI, DYMA RYGBI CYMREIG



MEDICAL FACILITY

RESPONSIBILITIES OF CLUB MANAGEMENT

Clubs and other bodies who organise activities such as sport, have the following responsibilities with respect to safety and first aid:

- Complete a risk assessment to determine the appropriate level of first aid provision
- Ensure that providers are appropriately trained and undertake recertification in accordance with their qualification
- Ensure that the procedures for the recording and reporting of incidents are followed
- Ensure that suitable first aid facilities and equipment are available
- Ensure that there is adequate cover to allow for absences

MEDICAL ROOM

It is recommended that all rugby clubs have a designated medical room. This room should be secure, easily accessible and demarcated as a medical room. Access to the room should be available at all times when there is rugby activity at the club, with instructions on the door how to obtain access.

If you don't have a medical facility or meet the requirements, please contact clubdevelopment@wru.wales to discuss options to improve.

- Well lit room accessible by both teams
- Clean at all times
- Flooring that is impervious, non-slip and washable
- Hand washing facilities with hot and cold running water, with anti-bacterial soap, anti-bacterial hand sanitiser and paper towels
- Easily accessible toilet
- Lighting appropriate for suturing (if appropriate personnel are available)
- Have power supply
- Adequate access for spinal extrication device and extrication team (as a guide the doorway should be at least 1.2m wide)
- Landline telephone should mobile phone reception be inadequate within the medical room
- 2 height adjustable examination couches with adequate space surrounding them to manage all trauma situations
- Polyester pillows with disposable pillow cases
- Pre-shrunk polyester blankets
- Emergency Foil Blanket
- A lockable cupboard suitable for the storage of medicines and medical records
- Ice machine in situ or easy access to ice
- Sharps box
- Clinical waste facilities with clinical waste bags
- Disposable glove dispenser with variety of disposable glove sizes
- Appropriate hazard warning signs to be displayed outside of the treatment room, for the avoidance of doubt this is to include warning signs in relation to medical gases, AED's and the presence of electrotherapy equipment in use in relation to cardiac pacemakers.
- Stretcher for non-spinal injured players

THE MEDICAL FACILITY SHOULD BE UTILISED IN CONJUNCTION WITH AN EMERGENCY ACTION PLAN (EAP). IT IS IMPERATIVE THAT ALL STAKEHOLDERS FAMILIARISE THEMSELVES WITH THE EAP.