

Tramadol will be prohibited in-competition from 1 January 2024

If you are tested and tramadol is present in your sample, you could face a ban from sport.

If you currently use tramadol, speak to your doctor about seeking alternative pain medication that is permitted in sport.

It is your responsibility to know what goes into your body. Strict liability applies to you under the Anti-Doping Rules.

Scan this QR code for more information on tramadol and checking medicines

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