



2023/24 FIXTURES

U16'S DEWAR SHIELD COMPETITION

CARDIFF 1

ROUND ONE	Pontypridd	v	Rhondda
15/09/2023	South Powys	v	Merthyr

ROUND TWO	Cynon Valley	v	Pontypridd
22/09/23	Rhondda	v	South Powys

ROUND THREE	South Powys	v	Cynon Valley
29/09/23	Merthyr	v	Rhondda

CATCH UP - 06/10/2023 -

ROUND FOUR	Merthyr	v	Pontypridd
13/10/23	Rhondda	v	Cynon Valley

ROUND FIVE	Pontypridd	v	South Powys
20/10/23	Cynon Valley	v	Merthyr

CARDIFF 2 / RGC

ROUND ONE	RGC West	v	Cardiff
15/09/2023	RGC East	v	Cardiff A

ROUND TWO	Vale of Glam	v	RGC West
22/09/23	Cardiff	v	RGC East

ROUND THREE	RGC East	v	Vale of Glam
29/09/23	Cardiff A	v	Cardiff

CATCH UP - 06/10/2023 -

ROUND FOUR	Cardiff A	v	RGC West
13/10/23	Cardiff	v	Vale of Glam

ROUND FIVE	RGC West	v	RGC East
20/10/23	Vale of Glam	v	Cardiff A

DRAGONS

ROUND ONE	Newport	v	Islwyn
15/09/2023	Blaenau Gwent	v	Pontypool

ROUND TWO	Rhymer Valley	v	Newport
22/09/23	Islwyn	v	Blaenau Gwent

ROUND THREE	Blaenau Gwent	v	Rhymer Valley
29/09/23	Pontypool	v	Islwyn

CATCH UP - 06/10/2023 -

ROUND FOUR	Pontypool	v	Newport
13/10/23	Islwyn	v	Rhymer Valley

ROUND FIVE	Newport	v	Blaenau Gwent
20/10/23	Rhymer Valley	v	Pontypool

OSPREYS

ROUND ONE	Swansea East	v	Aberavon
13/09/2023			

ROUND ONE	Bridgend	v	Swansea Valley
15/09/2023	Swansea East	v	Aberavon

ROUND TWO	Swansea E	v	Neath
20/09/23			

ROUND TWO	Aberavon	v	Bridgend
22/09/23	Swansea W	v	Swansea Valley

ROUND THREE	Bridgend	v	Swansea W
29/09/23	Aberavon	v	Neath

ROUND THREE	Swansea Valley	v	Swansea East
06/10/23			

ROUND FOUR	Neath	v	Bridgend
13/10/23	Swansea East	v	Swansea West

ROUND FIVE	Bridgend	v	Swansea East
20/10/23	Neath	v	Swansea Valley

SCARLETS

ROUND ONE	Ceredigion	v	Mynydd Mawr
15/09/2023	Llanelli	v	Pembs

ROUND TWO	Camarthen	v	Ceredigion
22/09/23	Mynydd Mawr	v	Llanelli

ROUND THREE	Llanelli	v	Camarthen
29/09/23	Pembs	v	Mynydd Mawr

CATCH UP - 06/10/2023 -

ROUND FOUR	Pembs	v	Ceredigion
13/10/23	Mynydd Mawr	v	Camarthen

ROUND FIVE	Ceredigion	v	Llanelli
20/10/23	Camarthen	v	Pembs