## **COACHING DEVELOPMENT**



## PERSONAL PROFILE

REFLECTION	<b>IMHO - IN MY HONEST OPINION</b> UNTIL YOU DECIDE TO CHANGE IT!
<b>Who am I?</b> What are your values, knowledge, skills and behaviours?	
<b>Who am I under pressure?</b> When the pressure is on how do these change?	
<b>Where do I want to go?</b> What does success look like for you?	
<b>What's my plan?</b> Sumarise your key activities from your persoanl development plan	
Playing Credo	
Specialist Credo	
Coaching Credo	
Cultural Credo	