COACHING DEVELOPMENT



PERSONAL PROFILE

| REFLECTION | IMHO - IN MY HONEST OPINION UNTIL YOU DECIDE TO CHANGE IT! |
|---|--|
| Who am I? What are your values, knowledge, skills and behaviours? | |
| Who am I under pressure? When the pressure is on how do these change? | |
| Where do I want to go? What does success look like for you? | |
| What's my plan? Sumarise your key activities from your persoanl development plan | |
| Playing Credo | |
| Specialist Credo | |
| Coaching Credo | |
| Cultural Credo | |