



MEN'S NATIONAL LEAGUE 2024/25 FIXTURES



DIVISION 5 EAST CENTRAL

07/09/2024

Caerau Ely RFC v Ogmore Vale RFC
Hirwaun RFC v Llandrindod Wells RFC
Cefn Coed RFC v Old Penarthians RFC
Pontycymer RFC v Tref-Y-Clawdd RFC

21/09/2024

Old Penarthians RFC v Llandrindod Wells RFC
Ogmore Vale RFC v Hirwaun RFC
Tref-Y-Clawdd RFC v Cefn Coed RFC
Caerau Ely RFC v Pontycymer RFC

28/09/2024

Cefn Coed RFC v Caerau Ely RFC
Pontycymer RFC v Hirwaun RFC
Old Penarthians RFC v Tref-Y-Clawdd RFC
Llandrindod Wells RFC v Ogmore Vale RFC

12/10/2024

Ogmore Vale RFC v Pontycymer RFC
Caerau Ely RFC v Old Penarthians RFC
Hirwaun RFC v Cefn Coed RFC
Tref-Y-Clawdd RFC v Llandrindod Wells RFC

19/10/2024

Old Penarthians RFC v Hirwaun RFC
Cefn Coed RFC v Ogmore Vale RFC
Tref-Y-Clawdd RFC v Caerau Ely RFC
Pontycymer RFC v Llandrindod Wells RFC

02/11/2024

Pontycymer RFC v Cefn Coed RFC
Hirwaun RFC v Tref-Y-Clawdd RFC
Ogmore Vale RFC v Old Penarthians RFC
Llandrindod Wells RFC v Caerau Ely RFC

09/11/2024

Caerau Ely RFC v Hirwaun RFC
Old Penarthians RFC v Pontycymer RFC
Tref-Y-Clawdd RFC v Ogmore Vale RFC
Cefn Coed RFC v Llandrindod Wells RFC

16/11/2024

Old Penarthians RFC v Cefn Coed RFC
Llandrindod Wells RFC v Hirwaun RFC
Ogmore Vale RFC v Caerau Ely RFC
Tref-Y-Clawdd RFC v Pontycymer RFC

30/11/2024

Hirwaun RFC v Ogmore Vale RFC
Pontycymer RFC v Caerau Ely RFC
Llandrindod Wells RFC v Old Penarthians RFC
Cefn Coed RFC v Tref-Y-Clawdd RFC

07/12/2024

Tref-Y-Clawdd RFC v Old Penarthians RFC
Hirwaun RFC v Pontycymer RFC
Ogmore Vale RFC v Llandrindod Wells RFC
Caerau Ely RFC v Cefn Coed RFC

14/12/2024

Llandrindod Wells RFC v Tref-Y-Clawdd RFC
Cefn Coed RFC v Hirwaun RFC
Old Penarthians RFC v Caerau Ely RFC
Pontycymer RFC v Ogmore Vale RFC

04/01/2025

Caerau Ely RFC v Tref-Y-Clawdd RFC
Hirwaun RFC v Old Penarthians RFC
Llandrindod Wells RFC v Pontycymer RFC
Ogmore Vale RFC v Cefn Coed RFC

11/01/2025

Caerau Ely RFC v Llandrindod Wells RFC
Cefn Coed RFC v Pontycymer RFC
Old Penarthians RFC v Ogmore Vale RFC
Tref-Y-Clawdd RFC v Hirwaun RFC

18/01/2025

Ogmore Vale RFC v Tref-Y-Clawdd RFC
Pontycymer RFC v Old Penarthians RFC
Hirwaun RFC v Caerau Ely RFC
Llandrindod Wells RFC v Cefn Coed RFC